

Lifestyle

A 'big-ring' bicycle ride in Upper Adams

This is the second in our series about favorite walks and bicycle rides. Next month will be about favorite walks.

When I moved from the grasslands of southern Adams County to the foothills of South Mountain three years ago, I thought my days of flat, leisurely bike rides were over. But after some trial and (somewhat painful) error, I've threaded together several quiet valley roads to come up with a 22-mile ride where I get to spend some time in my big ring, with lots of opportunities for expansion on those days when I'm feeling more ambitious.

Here's how it goes: Start from High Street in Arendtsville. I park by the old vo-tech school. To get out of town, head east on Chestnut Street, take a right on Gettysburg Street then a quick left onto Cherry Street, which in short order becomes Beecherstown Road. You'll roll alongside the Conewago Creek on your left, look for folks fishing in the shallows there, then

cross over the creek and take your first right onto Zeigler Mill Road.

This lovely road tracks along the Conewago for a while, passing the old Zeigler Mill and some beautiful farmland on the way to its intersection with Biglerville Road. Proceed directly across onto Rake Factory Road. You'll reach a stop sign at Table Rock Road as it leaves Biglerville, notice Oakside Park off to your left. Proceed directly across onto Benders Church Road, which you'll follow across its intersections with Old Carlisle and Rentzel roads, where you'll pass the historic Benders Lutheran Church.

Continue along Benders Church until it ends at Stone Jug. Turn left. Roll through some woods alongside Opossum Creek for a while, then cross Heidlersburg Road at the stop sign, now you're on Center Mills Road. Take your first right, Chestnut Hill Road, then your first left, still Chestnut Hill. Left again at the T, still Chestnut Hill. Here's the best part of the ride, as the road narrows to a single lane that climbs gently through a

HABPI

Chris Little



deeply shaded, ivy-covered stand of chestnuts, hence the road's name. Go extra slow here to savor the cool shade and birdsong.

Too quickly you'll roll down the other side to a stop sign at Schoolhouse Road. Take a left. If you want to add some miles, bring your map and take your next right onto Frazier Road, there are lots of options up that way. But for our basic 22-mile loop, continue on Schoolhouse Road to its terminus at Bull Valley Road. Turn left. I've never seen a bull on this road, but keep your eyes peeled for goats, pigs, and even some emu.

Go straight at your first stop sign, Old Carlisle again, then right on your second, Center Mills again. Cross the railroad tracks at Adams County Nursery and take a moment to admire the gorgeous Victorian mansion built there in 1900 by the nursery's founders.

Take your next left onto Orchard Road, which passes through, you guessed it, some great orchards. At the end, take a left onto state Route 34, then a quick right onto Quaker Valley Road. As you traverse the valley between Yellow Hill and Bear Mountain, notice the farmhouses built by the Quakers who settled this area, and the barns and springhouses where in the mid-1800s they sheltered African Americans fleeing enslavement along the Underground Railroad. Eventually you'll drop down a lovely hill to a stop sign at Brysonia Road. Turn left. You're almost done!

At the end of Brysonia you can't miss McDannell's Market straight over your handlebars, a great place to stop for fruit, cookies, ice cream, and

other recovery foods. While you're at it, check out what Todd McDannell's Yeti silhouettes are up to, they're usually doing something fun.

And now it's time to roll victoriously into Arendtsville. That's a right turn out of McDannell's driveway, or if you're not stopping, a left from the end of Brysonia.

There you have it, 22 (or so) quiet, beautiful miles in Upper Adams.

Speaking of favorite rides, be sure to check out HABPI's Sixth Annual Ride for Trails bike ride on Sept. 25. With rides of three different lengths that include the battlefield, Sachs Covered Bridge and quiet county roads, there's something for everyone. Go to habpi.org for more information.

Chris Little is a member of HABPI Board of Directors. Healthy Adams Bicycle/Pedestrian Inc. (HABPI) is a local nonprofit organization with the mission of promoting health and public recreational opportunities and alternate transportation through safe bicycling and pedestrian activities. Find us online at habpi.org.

Environmentally sensitive road maintenance

The Dirt Gravel and Low Volume (DGLV) Program has been an ongoing state funded, but locally controlled program. It was started in the late 1990s and remains a program that works with local municipalities to achieve water quality improvement for the local streams that intersect and parallel the network of roads that allows for the transportation of people and goods.

The DGLV Program uses Environmentally Sensitive Road Maintenance Best Management Practices (BMPs) to achieve a better road with less erosion and sedimentation to our streams.

The Adams County Conservation District administers the DGLV Program at the local level, working with the local municipalities to apply for funding and to implement Environmentally Sensitive Road Maintenance BMPs. Annual state funding is provided

to counties that are involved in the DGLV Program. Municipalities must attend a certification course to be eligible for this funding.

This educational component of the DGLV Program is provided to educate those responsible for road maintenance about how maintenance work affects the water quality of streams. I have been involved in the Adams County DGLV program since 2000 and it has evolved in its implementation since that time.

We have completed projects, monitored these projects, and then have had statewide updates to the DGLV program that have been made to include additional guidelines. Environmental Sensitive BMPs have been added to the requirements of the DGLV Program.

In the past we have completed projects that included culvert replacements

CONSERVATION DISTRICT

Deb Musselman



for better stream flow and to prevent flooding. We have also done projects where underdrains were installed for spring seeps in both the roadway and the roadside ditches to keep the road and ditches drier and the water clean.

Other projects included re-establishing roadside swales to keep water from running down the road and to give the runoff a better discharge point to prevent direct discharge to our

streams. These projects lessened the amount of erosion and have prevented excess sediment from entering our streams.

In just the last two years, Adams County has spent \$84,829 on dirt and gravel roads and \$396,113 on low volume paved roads, installing Environmentally Sensitive Road Maintenance BMPs.

As we move forward, the same Environmentally Sensitive BMPs will be employed, along with a push to include looking at the streams and the historical impact that the existing stream crossing culverts have had on the streams, both upstream and downstream.

Stream restoration is now being assessed when looking at the stream crossings that are being proposed to be replaced. This approach will take more technical assistance being offered to

the municipalities, along with more time commitment from all parties involved in the DGLV Program.

New training opportunities have been made available and technical assistance from the Center for Dirt and Gravel Studies at Penn State is also available.

The DGLV Program has helped Adams County municipalities make improvements to their gravel and low volume paved roads that, without this funding, would remain both a costly maintenance issue for the municipality as well as a detriment to our beautiful Adams County streams. We hope that this program will be useful to municipalities into the future.

Deb Musselman is the Adams County Conservation District's resource conservation technician. She may be reached at 717-334-0636, extension 3051.

Working together for a closer community

Imagine a time when destiny, life circumstances or happenstance brought you and your family to settle in a new town, a new land of opportunity, perhaps? Where language, customs, weather, people, and opportunities seemed different.

Not difficult to imagine for it is the story of our ancestors or perhaps our own. Immigrants are and will be an important part of our communities, it is in fact, a factor that helps aging communities thrive and a fact of human history. Immigrants have existed since the dawn of civilization.

Imagine your ancestors arriving in

Adams county, how far can you trace back their journey? Even before it was what we know Adams County, the first settlers of our immediate geography? Would it had made a difference in the everyday lives of our ancestors, to have a place where they felt safe, welcome, and understood? A place where all can reach their full potential, a place to belong. How can we, in the present, create that for our children, for ourselves?

Our communities do not thrive in isolation, the great things and values that transfer thru generations happen because our shared historic memory captures the innovation, entrepre-

HEALTHY ADAMS COUNTY

Yeimi Gagliardi



neurial spirit, resiliency, and self-reliant spirit and collaborations that make our survival possible.

An example of these ideals is what in 2006, a group of community

leaders envisioned for our community. The Hispanic American Center-Manos Unidas is the result of people, like you and me, coming together, and with the support and leadership of the Hispanic community, Healthy Adams County, Saint Francis Xavier Church, and other community leaders to create a center for all.

Since its inception the center has provided services to bilingual individuals. Manos Unidas offers citizenship preparation classes, summer camps for children, tax preparation assistance, English as a second language, health fairs, language and interpretation services, social services, and volunteer

opportunities. We advocate for culturally and linguistically appropriate services and for institutions that welcome all, regardless of who they are.

We are grateful for the continuous support of Healthy Adams County and its volunteers. Their leadership and the support of many organizations and amigos of our Adams county home have helped us achieve our goal, to be a bridge and a safe place for all in our community, including our immigrant community.

Yeimi K. Gagliardi is chair for the Latino Services Task Force of Healthy Adams County. Amelia Contreras is executive director of Manos Unidas.

Boyfriend is hiding things

Dear Annie: My boyfriend and I have been dating for two years. He's a hard worker, which appealed to me, as I've always been the breadwinner in previous relationships. But lately, I feel like he's not putting any effort into the relationship.

For one, we always hang out at my house. I've only been to his house three times in the two years we've been dating. For another, he does not allow me on his social media. He refuses to accept my friend requests, and he never posts any photos of me.

We used to see each other once a week, but lately he's been working so much that

we only see each other once a month. I get that he's busy, but it's starting to seem like he really doesn't care whether he sees me or not. I confronted him about this, and he got upset and accused me of trying to stir up drama. I'm not trying to stir up drama; I just don't want to go through this anymore.

When I told him as much, he hung up on me. Apparently, it's annoying to him when I share my feelings. As his girlfriend, I expect to see him more than once a month. We only live 20 minutes apart! I'm just not satisfied with the level of attention I'm getting in this relationship at this point. He does frequently tell me that he loves me, and he

calls me every day. But I sometimes feel like I'm an afterthought. What is your opinion on this? — Back-Burnered

Dear Back-Burnered: It sounds like he's got another pot on the stove. And if he's not cheating on you, he might as well be. Only seeing you once a month, never having you over to his place, excluding you from his social media — of course you're not satisfied. He's feeding you scraps. You deserve to be with someone who makes you a proud part of his life. The sooner you end things with him, the sooner you open yourself up to bigger and better things.

Dear Annie: I just read the

letter from "Riley" who came out as gay and his family is not supportive. Your advice to seek out help from the Trevor Project was solid.

I just wanted to say to Riley: I was there. I have seen my friends kicked out of their houses at your age. But now we are all so comfortable, and there is a whole world of people like you who love you so much. This is the hardest part. I am SO proud of you and am sending you my love. — Elder Gay

Dear Elder: I heard from quite a few folks who had walked a lonely mile in Riley's shoes when they were younger. Here's another such

letter. Dear Annie: This is in response to "Riley." I am a 38-year-old member of the LGBTQ community. When I was outed at 18, I was kicked out. My mother has since warmed to the idea but still isn't 100% accepting.

Riley, please look for LGBTQ clubs in your school and surrounding area. Being a teenager is hard; being a teenager who isn't accepted by their parents is excruciating. You will learn that the LGBTQ community is close and tightknit because it's our "chosen family" since many of our blood families are not accepting of us. Times

are slowly changing, and ingrained prejudices are slowly being chipped away, but until there is a time when no child feels inferior for whom they love, know that "we" are here, and we love you, exactly as you are! — Happily Married Mother

"Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book — featuring favorite columns on love, friendship, family and etiquette — is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information. Send your questions for Annie Lane to dearannie@creators.com.

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Fall FESTIVAL

September 16th - 18th, 2021

SANDWICHES, SOUP, FRENCH FRIES & DRINKS AVAILABLE DAILY

<p style="text-align: center;">THURSDAY Sept. 16th</p> <p style="text-align: center;">Kitchen Opens 4:00pm Roast Turkey Platters & Roast Turkey Sandwich with French Fries</p> <p style="text-align: center;">- ENTERTAINMENT - CHRIS WOODWARD 7 pm - Country</p> <p style="text-align: center;">KIDS GAMES/RIDES CASH BINGO GAMES RAFFLE PRIZES</p>	<p style="text-align: center;">FRIDAY Sept. 17th</p> <p style="text-align: center;">Kitchen Opens 4:00pm Fish & French Fries Platters</p> <p style="text-align: center;">- ENTERTAINMENT - CHEAPSNEAKERS 7 pm - Classic Rock</p> <p style="text-align: center;">KIDS GAMES/RIDES CASH BINGO GAMES RAFFLE PRIZES</p>	<p style="text-align: center;">SATURDAY Sept. 18th</p> <p style="text-align: center;">Kitchen Opens 4:00pm Roast Beef Platters & Roast Beef Sandwich with French Fries</p> <p style="text-align: center;">- ENTERTAINMENT - DEAN CRAWFORD & DUNN RIVER BAND 7 pm - Country</p> <p style="text-align: center;">RAFFLE TICKET DRAWING - 11PM KIDS GAMES/RIDES CASH BINGO GAMES RAFFLE PRIZES</p>
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ENTERTAINMENT SPONSOR: ADAMS ELECTRIC COOP, INC

PUBLIC NOTICE

SUMMARY OF EVIDENCE FOR AN UNUSUAL LIQUIDATION AUCTION AT STATE GOVERNMENT FACILITY

528 E. Middle Street • Gettysburg, PA 17325

SAT., SEPT. 18, 2021 • 2PM

INSPECTION AT 1:30PM

HANDMADE IMPORTED RUGS

The Bales of carpet were transported by LUFTHANSA airlines. Date of expectation was Oct. 18, 2009. Date of Importation was Oct. 22, 2009

On Nov. 1, 2009 The good entered U.S. (Port of Entry)

On Nov. 21, 2009 Customs gave Notice of Seizure (19 U.S.C.1592)

On Dec. 21, 2009 Customs denied the petition and directed further petitions to be filed "within 60 days".

On April 2, 2010 The Attorney for the Importer filed a Supplemental Petition. This was rejected as being out of time. The Importer was required to pay \$24,695 for release of his carpets. In accordance with commercial regulations total liquidation by auction has been ordered for this merchandise which has been in storage for a long period of time to raise immediate cash. We will proceed with liquidation of this merchandise (which are all handmade). This merchandise includes Persian, Caucasian, Armenian and Turkish Rugs. Certified as Hamedan, Kashan, Heriz, Sarouk, Isfahan, Bidjar, Kazak, Nain, Harati, Prayer Rugs, Hunting, Tree of Life, Long Runners, etc...

Terms: Cash, Check. 10% buyers premium. 12% credit card.

No liens, encumbrances or outstanding charges. No delivery, goods released only for immediate disposal, payment and removal. In accordance with US governmental laws, each carpet labelled with country or origin, fiber content and Certified genuine handmade. For more info please call 1-301-762-6981. PA License Auctioneer # 2339-L. H. Kabir. We follow social distance guidelines.